



BRITANNIA

ST. 1870

# Gruppetrening

Uke 31

Mandag 1.august	Tirsdag 2.august	Onsdag 3.august	Torsdag 4.august	Fredag 5.august	Lørdag 6.august	Søndag 7.august
		17:00 Yoga 55 – Henrik			11:00 Tabata 25 – Therese	13:00 Tabata 25 – Lars
						13:30 Strength 25 – Lars
<b>13:00</b> Kids Activity 25 Children up to 8 years old* Place: Meeting room Astri	<b>13:00</b> Kids Activity 25 Children up to 8 years old* Place: Meeting room Astri	<b>13:00</b> Kids Activity 25 Children up to 8 years old* Place: Meeting room Astri	<b>13:00</b> Kids Activity 25 Children up to 8 years old* Place: Meeting room Astri	<b>13:00</b> Kids Activity 25 Children up to 8 years old* Place: Meeting room Astri		

Påmelding til gruppetime gjøres 24 timer i forkant til [fitness@britannia.no](mailto:fitness@britannia.no)