Dear Guest, welcome to Britannia Hotel. And welcome to the inaugural edition of The Collector Fortnightly, your guide to everything going on in and around the hotel. A collector's item if ever there was!

The CONCIERGE, in house since 1982



Pop That Bottle - 27.09 & 04.10 -

Every Friday, Vinbaren Manager Thomas Andersen, digs deep into Britannia's wine cellar to find a special bottle of wine to kick off the weekend (we 'pop the bottle' at 5pm). Wine lovers rejoice - this is an opportunity enjoy rare bottles, sharing the cost with other aficionados. And if you are new to wine, this will be an excellent introduction.



WHAT'S ON

Ayala Winmaker's Dinner - 16.10 -

Caroline Latrive, Chef de Cave of House Ayala is the creator of Britannia's private label champagne. On the 16th October she joins us for two exclusive events: a winemaker's masterclass in Vinbaren, followed by an intimate Winemaker's Dinner in Wedel Jarlsberg, accompanied by five courses of the best of Britannia's food. Book now to avoid disappointment.



Lutefisk in Palmehaven - BEGINS 19.10 -

Commencing the festive season in the iconic Palmehaven. Executive Head Chef, Espen Aunaas, has sourced the finest loins of 'lutefisk', to be paired with your choice of condiments. Diners can choose between a traditional serving (including second helping) or a special three-course menu, with Lutefisk at the centre. Early booking advisable.

Artist in Residence, Ingebjørg Bratland, Takes Centre Stage

The season's most highly-anticipated residency begins this week, with Ingebjørg Bratland taking to the stage in Palmehaven.

Norway's most beloved songbird will be performing live, accompanied by her own guitarist and pianist, as well as a quartet from the Trondheim Soloists and guests. For three consequetive nights, starting Thursday 26th September (7pm), you are

Thursday 26th September (7pm), you are invited to enjoy the music, with a divine three-course meal and wine/juice pack.

Tickets available from 2020,- NOK.

The Most Important Meal of the Day: Britannia Nominated for Norway's best breakfast.

NEWS

Just four months after reopening and Britannia Hotel is among the finalists in the award for 'Norway's best hotel breakfast'.

Eight hotels are qualified for the finals of the nationwide breakfast competition. The results will come out later in the year.

New Opening Hours for Britannia Spa and Shop

Treat yourself to an everyday luxury. Britannia Spa will now be open from 7am to 9pm, with treatments available from 8am until 8pm.

The Britannia Shop is also open for business, stocking a select range of Britannia products, gym and swimwear, Hästens travel essentials and ELEMIS beauty products. Located in the Spa reception, the shop also stocks Britannia gift cards, which can be packaged in our delightful, bespoke giftboxes. Weeks

RESTAURANTS



A theatre of modern gastronomy in a spectacular mirrored dining room, led by Christopher Davidsen, Bocuse d'Argent winner.

Opening Hours: Wed-Sat: 18:00-24:00

Chef's table seating: 20:00

EST2 1918 PALMEHAVEN BRITANNIA HOTEL

Britannia's iconic banquet hall, serving breakfast, warm buffet lunches and afternoon tea on a Saturday (12:00-16:00)

Breakfast Hours: Mon-Fri: 06:30-10:00 Sat: 07:00-10:00 Sun: 08:00-11:00 Buffet Mon-Fri: 11:30-14:00 ESTE () 1989 BRITANNIA BAR

Timeless, sophisticated, and comfortable. Cakes, sandwiches and coffee served during the day, cocktails in the evening.

Opening Hours: Mon-Thu: 11:00-01:00 Fri-Sat: 11:00-02:00 Sun: 16:00-23:00 (Kitchen closes at 22:00) JO NA TH AN

A fusion of fire, wood and stone. Choose between à la carte menu or tabletop grills with the best meat, seafood and vegetables.

Opening Hours: Mon-Sat: 17:00-23:00 (Kitchen closes at 22:00) Sun: 17:00-22:00 (Kitchen closes at 21:00)



A living cellar with three tasting rooms, lined with 10,000 bottles of the world's finest wine. Cheese and cured meats.

Opening Hours: Tue-Thu: 17:00-24:00 Fri-Sat: 15:00-01:00 (closed Sundays and Mondays) S^{41^{TASNIA} BRASSERIE EST. 1807 TROND^{INEL®}}

Britannia's liveliest corner serves an all day menu; French brasserie classics with a modern twist and a daily 'plat du jour'.

Opening Hours: Mon-Sun: 10:00-24:00

Kitchen open 10:00-22:00

Trondheim Chamber Music Festival 2019 – 22.09 until 29.09 –

"Chamber music is communication on a high level, intimate, beautiful and challenging." Trondheim is hosting some of the world's finest chamber musicians this week, with performances spanning the genre and the city, including a midnight concert in the cathedral (Vivaldi's The Four Seasons, 27th September).

Big Week for Rosenborg F.C. – 28.09 & 03.10 –

Rosenborg Football Club faces Brann in a grudge match, as both teams fight for a European spot (Saturday 28th, 8pm kick off). Followed by their first home game of this season's Europa League, when PSV Eindhoven come to town (Thursday 3rd, 9pm). Contact Concierge for more info and tickets.

UKA 2019: Theatre of Dreams — BEGINS 03.10 —

The biennial student festival, UKA, is the largest culture festival in Norway. At the very core of the festival is the 'UKA revue', an award-winning theatre performance. The details of these theatrical performances are kept secret until the day. Contact Concierge for up-to-the-minute details and booking.

John Mayer to play Spektrum

Seven-time Grammy winner, John Mayer, will be packing out Trondheim Spektrum on 4th October. In 2018, he released the single 'New Light', while working on his eighth studio album, the sequel to the critically acclaimed album 'The Search for Everything' from 2017. We expect a night to remember.



On your bike ...

Autumn is upon us and as the city's colours change from green to red, we advise you to get out and enjoy these wonderful moments before the onset of winter.

With its flat terrain, the centre of Trondheim is an excellent space to explore by bike or electric scooter. Cycle from Ringve Botanical Garden to lla along the Nidelva River, taking in both quaint Bakklandet and Nidaros Cathedral.

Bike hire from 100,- NOK (adult 200,-)

... or why not hire a car?

For longer excursions Concierge can easily arrange a rental car. Various standards of car are available, and can be collected outside the Hotel at your desired time.

Britannia also has a hire car standing by in our underground garage, in case you are in need of immediate transport. Please contact Concierge to place

SEB

an order.

Jonathan Grill releases new menu

From Monday 23rd September, Jonathan Grill presents a new menu. The dishes are inspired by hot autumn flavours, designed to warm the body and mind. Stylish food with great flavour at its core.

The new à la carte menu includes plates inspired from different countries, for example Norwegian potato pancakes topped with South American ceviche and Japanese wakame (see photo) and slow-cooked beef cheek with US-style polenta grits.

The tabletop grill section of

the restaurant retains most of your favourites, though look out for some spicy and tangy new sauces.

Head Chef Odd Ivar and his staff of talented chefs have a passion for great quality meat. Book a table now in the à la carte side of the restaurant, sat alongside the enormous dry-aging meat cabinet, and you will see the quality of the ingredients for yourself.

"No two pieces of meat are the same and it is always exciting to open a piece of meat that has matured over months."



SCHEDULE, Group Training 23.09 - 07.10

MONDAY				
09:00 - 09:40	HIIT - PUSH			
17:00 - 17:30	Tabata			
18:00 - 19:00	Yoga			
19:00 - 19:40	HIIT - PUSH			

TUESDAY			
07:30 - 08:00	TRX Suspension Trn.		
09:00	Run		
16:30 - 17:00	Tabata		
17:00 - 17:30	Mobility		
18:30 - 19:00	TRX Suspension Trn.		

WEDNESDAY				
07:00 - 08:00	Yoga			
09:00 - 09:40	HIIT - LEGS			
16:30 - 17:10	HIIT - LEGS			
18:30 - 19:00	Tabata			
19:00 - 20:00	Pilates			

SPA etx.5006 +47 738 00 806

HOUSEKEEPING etx.5004 +47 738 00 800

ROOM SERVICE etx.5003 +47 738 00 800

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THURSDAY	THURSDAY		FRIDAY		SATURDAY		SUNDAY	
07:30 - 08:00	Tabata	08:00 - 08:30	Tabata	09:00 - 09:40	HIIT - FULL BODY	12:30 - 13:10	HIIT - FULL BODY	
09:00	Run	08:30 - 09:00	Mobility	09:45 - 10:15	Mobility			
16:30 - 17:00	TRX Suspension Trn.	12:00 - 12:40	HIIT - PULL					
17:15 - 17:30	Mobility	15:00 - 15:40	HIIT - PULL					

All sessions are free for guests staying at the hotel (subject to availability) and begin in the fitness room on the basement level. Contact fitness@britannia.no to book.

ROOM INFORMATION

CURTAINS AND WINDOWS The curtains are controlled by the tablet on the wall. The downwards arrow will close them, and the upwards arrow will open them. LIGHTS Lights can also be controlled by the tablet on the wall. There are three options; 'day', 'evening' and 'night'. Please allow some response time when using the tablet.

ΤV

In most rooms, the TV is behind the mirror. It is optimal to watch TV with the lights dimmed and the curtains drawn. In addition to regular TV you can connect your device via Chromecast.

BLUETOOTH It is possible to play music in the bathroom from devices through Bluetooth. Hold the button on the white panel on the bedroom wall for four seconds.